



Daegu Infectious Disease Newsletter

DCIDCP Newsletter
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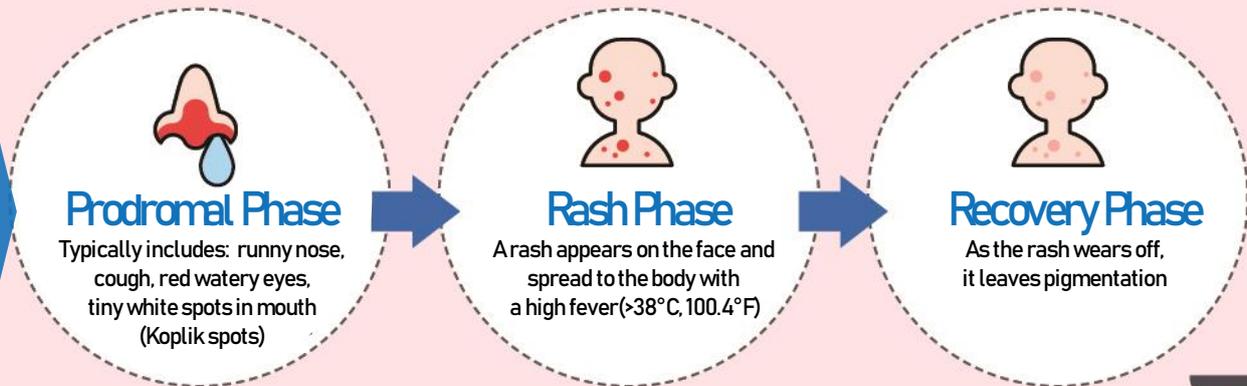
Contact daegucidc@naver.com



Measles confirmed cases have been reported in **Daegu**. Measles is a **highly contagious** virus, which can spread to others through coughing and sneezing or direct contact.

Contact at 1339 (Korea CDC Call center, run 24/7, English available) before you see a doctor when you develop measles specific symptoms.

Symptoms generally appear about 7-14 days after infection



The MMR vaccine is very safe and effective. Two doses of MMR vaccine are about 97% effective at preventing measles; one dose is about 93% effective.

How to prevent measles infection

Prevent Measles with two doses of MMR vaccine

- The first dose at 12-15 months of age
 - The second dose at 4-6 years of age
- Teens and adults should also be *up to date* on MMR vaccinations.

If you are suspected of measles infection, Call **1339** first, then follow the guide.

Get Vaccinated before international travel

- Since it is still common in many parts of the world, *unvaccinated* travelers bring measles to Korea.
- Protect yourself with MMR vaccine before traveling
 - Submit "Health Questionnaire" upon entering any measles contamination areas

What to do to prevent a spread of measles



Wash hands correctly
Wash hands under running water for no less than 30sec using soap or cleansing agent



Practice cough etiquette
Cover your mouth and nose with tissue or sleeve, when coughing or sneezing



Measles suspects stay home
For a prevention of spread, stay home from work, school, and errands until 4 days after the onset of measles rash